

# knitted knockers

*soft, comfortable, knit prosthetics  
for breast cancer survivors*

## CROCHET KNOCKERS REVISITED 3-21-18 by Claudia Barbo rev3

Size: A (B, C, D, DD)

### Materials:

- 1 (1, 1, 2, 2) skeins Ultra Pima Fine or other yarn from the knitted knocker approved yarn list\*. The yarn choice is very important.
- Size G (4.5mm) crochet hook (or size needed to get gauge)
- 3 locking stitch markers (1 in a different color for start of round)
- Tapestry needle

Gauge: 4 ½ sc and 5 ½ rows = 1 inch

### Abbreviations:

Ch = chain  
Pm = place marker  
Rnd = round  
Sc = single crochet  
Rep = Repeat  
Inc = work 2 scs in next sc  
Dec = work 2 scs together (sc2tog)



### NOTES:

- To form a magic ring leave approximately 6" of "tail" wrap yarn around index finger twice and work desired number of sc over both strands. When complete pull up tail to close ring. Continue to work in the round from here.
- Knockers are crocheted in a continuous spiral.
- Move markers up as you go.

## Front

Form a magic ring

Rnd 1: Work 6 sc in ring. Close ring.

Rnd 2: Inc in each sc around. (12 scs)

Rnd 3: (Work 2 sc, inc in next 2 sc, pm) 3 times (on the last repeat use a different colored marker). (18 sc)

Rnd 4: (Work 4 sc, inc in next 2 sc) 3 times. (24 scs)

Rnd 5: (Work 7 sc, inc in next sc) 3 times. (27 scs)

Rnd 6: (Work to 1 sc before marked sc, inc in next 2 sc) 3 times.

Rnd 7: (Work to marked sc, inc marked sc) 3 times.

A cup– Rep rnds 6 & 7- 3 times until you have 63 sc,(stuffed diameter equals 4.5"across)\*\*

B cup– Rep rnds 6 & 7- 4 times until you have 72 sc, (stuffed diameter equals 5" across)\*\*

C cup– Rep rnds 6 & 7- 5 times until you have 81 sc,(stuffed diameter equals 5.5"

across)\*\* D cup– Rep rnds 6 & 7- 6 times until you have 90 sc, (stuffed diameter equals 6"

across)\*\* DD cup– Rep rnds 6 & 7- 7 times until you have 99sc,(stuffed diameter equals 6.5"across)\*\*

Work 2 rnds even through the back loop only.

## Back

Rnd 1: (Sc2tog, sc to 1 sc before marked sc, sc2tog) 3 times.

Repeat rnd 1 until you have 15 sc left.

Cut yarn leaving a 10" tail. Thread tapestry needle and weave through front loop only of 15 sc. Stuff with fiber fill and pull tail to tighten. Tuck tail into knocker so that filling can be adjusted as needed.



\*Knitted Knockers Support Foundation has created a list of tested and approved yarns appropriate for knitted knockers.

Please note that only knockers made from this list will be used to fill orders from [knittedknockers.org](http://knittedknockers.org) so if knitting or crocheting for us please only use these yarns. While "Knitted" Knockers are a great "stash buster" taking only about 70 yards of yarn, the knockers may be worn against sensitive skin and must be durable, breathable and stay soft after washing. Also note the acrylic yarns are **only** used for swimming knockers. Here is a link to the approved yarn [Approved Patterns](#). Yarns appropriate for crochet knockers have been identified on the list with a "C".

\*\* Sizing is a bit of an art. Looser crochet will stretch more when stuffed. Stuffed knockers should measure the diameters listed above measured straight across the back from the point to the mid of the opposite side.

The most requests are for pairs of neutral colors. Neutral is defined as white, cream, beige, and sand. If you don't have enough of one color to finish a knocker feel free to finish the inner piece with a complimentary color using the same type of yarn a few rows after the turn so the color doesn't "peak" out when worn. Dark Colors are defined as shades of brown or black. Very few requests are for bright or colored knockers. Don't stress too much about the sizing. The most important thing is to make sure that all pairs are the same size (same number of stitches). About 75% of the requests are for sizes B and C with the rest size A, D and DD.

We have posted a video on how to make great crochet knockers at [www.knittedknockers.org](http://www.knittedknockers.org). Grab a cup of coffee and enjoy watching Bunny (expert crocheter) teach Barb (novice crocheter) how to make great crochet knockers. Bunny only has to rap Barb's knuckles a couple of times! If you see differences in the video go by the pattern as it may have been revised after the video was done. For a more instructional video you may enjoy our youth video where Aditi taught 20 classmates how to crochet beautiful knockers.

If you don't have someone to give your beautiful knocker to please send them to us for distribution (always free). We need lots of them! Send to Knitted Knockers, 1405 Fraser St. #F103, Bellingham, WA 98229. Be sure and include your yarn label and contact information so we can thank you. Visit [www.knittedknockers.org](http://www.knittedknockers.org) (the one with the pink ribbon logo on it) to learn more and to link yourself as a provider, or to locate a group in your area. Thank you!!!!